

ANNUAL REPORT 2021–2022

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OUR PEOPLE











STAFF

Chief Executive Dr Annabel Prescott Ross Mortimer

Clinical Lead Maree Ginger

Youth Development Lead Zoe Findlay

Senior Nurse Andrea Muir

Senior Administrator Laura Walker

Registered Nurses

Hannah Brown Lisa Carruthers Jill Currie Nicola Drake Maree Ginger Brittany McDowell Andrea Muir Angie Langeveldt

General Practitioners

Dr Frances Czuba Dr Bronwen Thomas Dr Mirte Verkooijen

Mental Health Practitioners

Lee Fincham Sheryl Miller Jill Robinson

Psychologist Riona Baldwin

Youth Workers

Tunisia Davis Tori Henson Tilly Marsh

Administrators Jenny Hoblyn Laura Walker Clinical Team Lead

BOARD OF TRUSTEES

Chairperson Sam Clemerson

Deputy Chairperson Jen Melony

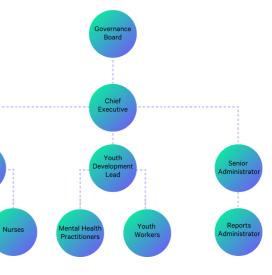
Youth Representatives Melody Alexander CJ Stevens

Trustees Jill Currie Dr Karol Czuba Dr Kewa Mascelle



GLOW Group (growing leadership opportunities and wellbeing)

Shataejah-Faye Absolum Katherine Davy Ani-Ruiha Hallett Jade Hasse Liam Hasse Ralaine Mamaku Pahnia Mamaku Angie Pienaar Noah Sutton



Organisation structure

3

FROM THE CHAIR



It is my pleasure to introduce the 2022 annual report for Anamata.

Covid continued to be a disruption and I would like to once again acknowledge the team for navigating the ever changing environment and traffic light settings, while maintaining a high standard of care, reducing the risk of staff shortages impacting service delivery, and keeping staff and patients as safe as possible.

Chief executive Dr Annabel Prescott resigned from Anamata in May. Annabel's leadership and passion over the four and a half years ensured Anamata consistently delivered on our contracts, as well as an increase in the rainbow inclusivity within our community and expansion into mental health service. She also led the move from the temporary office on Te Heuheu Street to the new whare on Spa Road. We wish Annabel all the best for her new role of learning and development director at the NZ Drug Foundation.

I'd like to acknowledge Maree Ginger for stepping up as acting chief executive and Andrea Muir as clinical lead while the board recruited for a new chief executive. During this transition period, they managed operations of the organisation smoothly, reported to the board on a regular basis and continued to support staff.

Looking forward, the trust is working closely with our new chief executive, Ross Mortimer, navigating the changes within our new health system Te Whatu Ora, increase youth health awareness in our community and better understand our role as Te Tiriti o Waitangi partners.

Sam Clemerson

TREASURER REPORT

In the past year, Anamata continued to expand funding contracts for services during the ongoing impact of COVID-19 in New Zealand. Anamata's financial performance has remained stable, with financial sustainability continuing to be a key focus.

In response to the recent health reforms, Anamata has moved from multiple health contracts with (formerly) Lakes DHB to an integrated contract with Te Whatu Ora Lakes. This move has helped us contractually address gaps in both mental health and rainbow services. Funding changes in this area have contributed to the appointment of clinical and nonclinical staff. This has increased service delivery focusing on peer-based activities and rainbow youth. Furthermore, this enabled us to move into a steppedcare model of mental health with the provision of psychologist services.

As expected, we experienced some service delivery challenges due to COVID. This included disruptions to engaging with Taupō schools to support the implementation of their sexual and reproductive health curriculum, outdoor education camps for young people who identify with the rainbow community, and some of our youth development programmes. We were able to move some of these into the virtual space, however, other programmes have been delayed until an appropriate time to implement them.

Anamata is committed to offering evidence-based services focusing on youth development, working to the strengths of our rangatahi, developing their resiliency, and offering activities that promote a sense of belonging. Despite the strength of the evidence base of these interventions, we receive minimal funding to support these initiatives. This funding has been reduced even further in the last financial year. Thus, we are extremely grateful for the community support we receive and would like to Copyright acknowledge Fashions. Walking4Movement, Incredible India, Taupō District Council, and Unichem Mainstreet Pharmacy for their donations. These enable us to provide our youth development programmes. I would also like to acknowledge our bookkeepers The Admin Angels, accountants Stretton & Co Limited, and auditors Silks for the professional financial support they provide.

We are also grateful to Vodafone New Zealand Foundation for their financial support which has enabled us to roll-out Anamata's Youth Health digital app. This app offers great benefits to schools, young people and our clinical team. We are looking forward to scaling this in 2023.

Anamata has always strived to deliver best-practice in youth, sexual and reproductive health and youth development. In line with our long-term vision, the Board approved a one-off cost to move to a cloudbased patient management system, providing Anamata with up-to-date IT infrastructure, and improved resilience and data security.

Finally, I would like to express my sincere thanks to our leadership team and staff who have continued to deliver Anamata's services with commitment and passion.

Dr Karol Czuba



Youth group posters

BOARD YOUTH REPORT

This past year has had its challenges with Covid restrictions and changing traffic light systems, meaning young people in the community couldn't engage in things they would usually be able to do. This disruptor in normality and routine in young people's lives is evident through the impact on their mental health and wellbeing.

The consequences of Covid on young people's mental health and wellbeing is undeniable, with the increase of clients seeking support for mental health through Anamata. This increase has seen Anamata needing to expand their mental health services to meet the demand within the community. Through extra funding being provided we were able to further develop our mental health service in order to achieve this.

Covid has been a massive disruptor specifically to young people's education and experience of schooling. This undoubtedly has been hard to adjust to, with many students having to adapt to distance learning online. This model of learning can pose a challenge for students, especially those who are neurodivergent or have a learning disability, who often need extra support (in person) to help them achieve their academic goals.

Despite the challenges young people have faced within the last couple of years. I think that these experiences have really forced our rangatahi to confront themselves and assess what's important to them and what it is they want from this world. I firmly believe that by investing in our young people we are investing in our future. Anamata is an organisation that lives by this truth. Their investment and genuine care for young people is clear through the services they provide: counselling, youth groups, workshops, school clinic nurses, and safe spaces for young people to be their authentic selves. This work shouldn't go unnoticed and I am glad that Anamata is becoming more known throughout the community.

I have enjoyed being on the board for the last couple of years watching Anamata grow, and am excited to see how they continue to progress and better serve our community in the future.

Melody Alexander

SIGNIFICANT ACHIEVEMENTS

Over the last twelve months despite COVID disruptions impacting how services were delivered Anamata continued to focus on wellbeing outcomes for people that accessed the services. The leadership team prioritised the wellbeing of the staff to ensure minimal disruptions to service delivery occurred.

Having just relocated into the new premises at the time of our last annual report, this 12 months has focussed on settling into the new location and looking at ways we can increase our service delivery to meet the needs of the community. The wonderful opportunity of the site is its accessibility, private clinical and therapeutic spaces and a youth development area. Moving into a permanent premises allowed a long term project of updating our patient management system and IT infra-structure to finally happen during 2021/22.

We have said goodbye to two staff members over the past twelve months; in May Anamata's Chief Executive Dr Annabel Prescott left to join New Zealand Drug Foundation as Learning and Development Director. Annabel led the organisation through a significant period of change and growth.

We also farewelled Jill Curry, as a clinical nurse at Anamata. Jill remains on the board of Trustees. Jill is a founding member of the organisation, who helped start Anamata as a response to health service delivery inequities between the regions and larger cities. We are so grateful for Jill's vision and commitment to Anamata, the Taupō District and youth and sexual and reproductive health services. We are thrilled she is remaining on the board of Trustees.

EXPANSION OF SERVICES

Mental Health

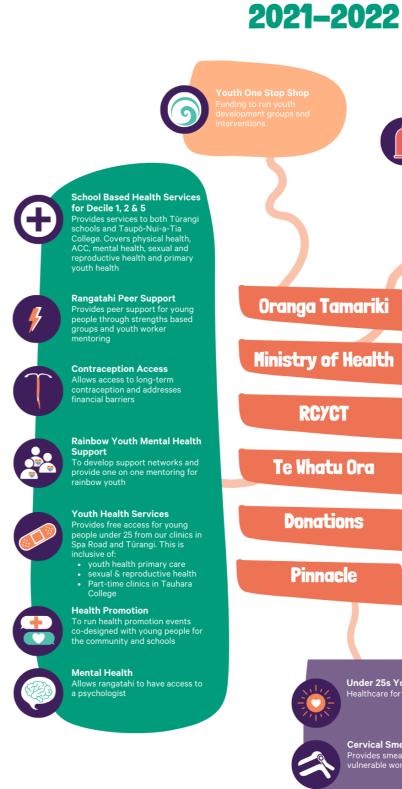
Key areas of development have been in the mental health service provision and youth development team. We are thrilled to have had an increase in funding for mental health service provision which has meant we can increase the service and provide a stepped-care model of intervention. This allows Anamata to be well aligned with Te Ara Tauwhirotanga Te Whatu Ora Lakes mental health and addictions model of care.

Youth Development

As part of addressing service provision gaps in the community Anamata has been formally funded by Te Whatu Ora Lakes to provide support for rainbow young people, this has allowed Anamata to increase the youth workers as part of our service. Subsequently we are running more drop-ins, more activities in the holidays and during term in schools. Our youth-workers work closely with the clinical team, while enhancing outcomes for young people accessing our services due to the relational and strength-based focus of youth work practice.



Painting and setting up the new youth space at Taupō Nui a Tia College



Funding Sources

Sexual Health Promotion alth promotion for sexualit ation. Supporting ners and students garding healthy elationships, sexuality and eproductive health

0

Primary Mental Health & Addiction Services

rovides mental health supp or 12 - 25 year old's and thei

anau experiencing distress ntal health and addictions



7

Under 25s Youth Health Healthcare for people under 25

Cervical Smear Service rovides smear services for Inerable women

CHIEF EXECUTIVE REPORT



It was refreshing to return to a relatively normal service delivery at the beginning of 2022 with the reduction of staff working in bubbles and being able to start running our youth development groups on site again. Throughout the pandemic we have continued to deliver the majority of our services/ programmes although in particular the use of digital platforms to enable this to occur has been vital.

The expansion of contracts, directly impacting our ability to increase service delivery, in particular for mental health and addictions for under 24 year olds and rainbow rangatahi in our district has been a key area of growth over the last 12 months. This has enabled Anamata to expand our mental health service.

Digital Youth Health Assessment

Three years ago Anamata was successful in a funding application to Vodafone Foundation New Zealand to develop a digital youth health assessment, the first of its kind in New Zealand and internationally. This assessment is designed to be done on a smartphone or tablet and provides the school nurse with real time information regarding risk and resiliency factors students. Therefore, enhancing the young person's engagement with the nurse more intentional while remaining within a psycho-social youth development framework. Sitting alongside the clinical 1:1 benefits of the youth heath assessment is an in-built algorithm developed by clinicians which contributes to the digital application being able to identify key trends across the year group. This enables Anamata to easily identify key areas of both risk and resiliency and provide this information to the school and start a conversation about group/population based interventions to better enhance student's experiences and outcomes at school.

Board Changes

In the later half over 2021, Blair Matheson resigned from his role as chairperson of the Anamata board. Blair became involved in Anamata in 2014. Blair joined Anamata board with extensive business leadership and governance experience along with his passion for philanthropic community development. Working alongside Blair's experience greatly enhanced the strategic direction of the organisation.



As I am writing this final annual report as Chief Executive for Anamata it is an opportunity to reflect on my 5 years at Anamata.

- Over this period the organisation went through the upheaval of being evacuated from the building it had been in for 20 years, to then be put in a premises that was not ideal with no indication of when this would change.
- Overhaul of internal systems and functions
- A range of staffing changes reflecting both the growth of the organisation, the change in leadership direction and responding to the contractual obligations
- Increased and consolidated school-based health service delivery
- Increase in rainbow services/groups and presence in the community and schools
- Increase in mental health services

While the range of changes and growth within the organisation could have been catastrophic, the focus of mine and the leadership team has been on team culture and wellbeing. Implementing strength-finder and coaching opportunities for staff, external supervision, well- being budget for staff, extensive opportunities for professional development, including both formal and informal education opportunities has been a core aspect of my leadership. The intention of all of these factors has



Farewell dinner for Annabel

been to encourage organisations to strive for excellence, as that will promote better outcomes for rangatahi and I think is a key contributor for our increased contracts. One of the key aspects I am most proud of is the digital youth health screening tool, as discussed above and I am looking forward to continuing to partner with Anamata to expand this solution in youth health.

I look forward to working with Ross Mortimer in the future and supporting him in his role as Anamata's new Chief Executive.

Dr Annabel Prescott



Kia ora, I am very pleased to have joined the team at Anamata as their new Chief Executive.

With a background in health and education, I have seen first-hand the profound impact organisations like Anamata have on young people's lives.

I would like to acknowledge the immense contribution and expertise of Anamata's previous Chief Executive, Dr Annabel Prescott. I wish Dr Prescott all the best in her new role at the New Zealand Drug Foundation.

I look forward to working with the team at Anamata, the national Youth One Stop Shop network and our stakeholders to continue to deliver the high level of care and support our local rangatahi need and deserve.

Ross Mortimer





Above: Youth Week at schools poster Below: Welcome hui for Ross Opposite: A film workshop held over 2 days In collaboration with Corbie Films.





























Gender of clients by appointment

CLINICAL REPORT



Tena koutou Katoa I tipu ake au ki Taranaki E noho ana au ki Taupō Ko Morris toku Whānau Ko Maree toku ingua No reira tena koutou katoa

It has been a privilege to lead the clinical team through 2021/2022. Anamata has been serving the Taupō/Tūrangi communities for over 30 years. A focus we have had over this past year has been to get the message out to our community what services Anamata offers and the work we do for the community.

Four of our Nurses completed community nurse prescribing, which has allowed these nurses to prescribe medications within their field, which enhances outlying clinics by helping clients with a wider range of prescribing. We are fortunate to have a leadership team and board that support this for our staff.

Anamata is a nurse lead service with the support and governance of local Doctors. Over this period we have had Dr Frances Czuba and Dr Mirte Verkooijen join our team, as well as continued support from Dr Bronwen Thomas.

We've continued to experience the ever changing landscape that COVID brings. Our staff and clients have been adaptable through these changes and Anamata has been able to ensure full service delivery throughout these times. On the 18th November and 9th December 2021, Anamata collaborated with Lakes DHB to deliver

covid vaccination drives for hard to reach demographics such as young people, this was supported by local businesses who donated spot prizes.

Currently we have clinical services for youth health as well as specialised primary sexual and reproductive health services, youth mental health services, as well as school services in four high schools for the communities of Taupō/Tūrangi.

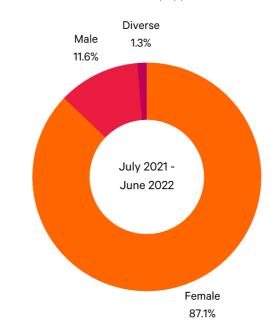
Over the past year we have had 6037 visits to our clinical services.

This period has been extremely challenging for everyone. It has given us a chance to learn and adapt to changes and look at different ways of doing things. We were aware that during the lockdown we were not seeing the vulnerable population, which was a concern. We have worked hard to look at our clinic hours now we are in Level 1 and have adapted to feedback by trailing new times and giving a choice of booked appointments as well as drop in clinics. We have seen an increase in complex visits, which has been a trend in recent years, with many mental health presentations. We continue to be strong advocates to ensure the needs of our rangatahi are met and challenge systems to meet these needs.

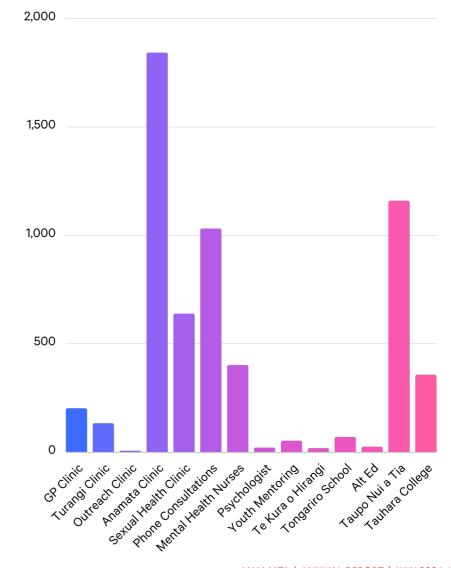
I look forward to seeing what the coming year will bring and am excited at looking into opportunities that come up to enhance our service. With confidence in our amazing team I look forward to making positive impacts on the people who utilise our services and support them to access what they need to enable young people and their whanau to lead vibrant and healthy lives.

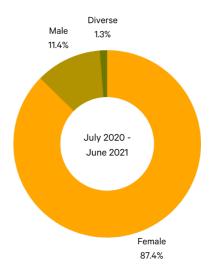
Maree Ginger

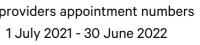




All providers appointment numbers







Youth support drop-ins • 3 x a week

Mental Health

Events

- mental health nurses
- psychologist

• Youth Week

Pride Week

Week

• Mental Health

Tuwharetoa Health Hub clinical services (monthly)

- sexual & reproductive health care
- mental health

Clinical services Turangi (weekly)

- sexual & reproductive health care
- mental health

RANGATAHI

Strengths based Groups

- rainbow groups in 5 schools
- x 2 community rainbow groups
- girls group
- GLOW

Health Promotion

• support & workshops for teachers delivering sexual & reproductive health curriculum

Holiday programmes

1:1 mentoring with youth workers

- Year 7 & 8
- Year 9-13

Anamata main site clinical services

- health care

- mental health

School based services -Colleges, Alt Ed)

- youth health
- health care
- tool for Y10s

School based services -Taupo (Nui & Tauhara Colleges, Alt Ed)

- youth health
- health care
- tool for Y10s

Workshops

- rainbow inclusive/competency
- wellbeing workshops

• sexual and reproductive • youth health doctor appointments

Turangi (Tongariro & Kura • sexual and reproductive • youth health assessment

 sexual and reproductive • youth health assessment









BBQ, DJ and spot prizes for the Anamata & Lakes DHB vaccine drive



Anamata launched a binder library for trans rangatahi to try different sizes

TAUPO SCHOOL CLINIC

Anamata employs school nurses to provide school based health services at Taupo Nui A Tia and Tauhara Colleges. The school nurses provide general health, ACC, mental health and sexual/reproductive health. These clinics are a hub for students to come and be awhi into the appropriate support both internally at Anamata and with external services to get the best outcomes.

Through these two clinics our school nurses have seen around 1500 young people. The continuation of Covid over the past 12 months has continued to impact rangatahi engaging in kura and we have seen this impacted through our services with lower numbers accessing our school clinics. Funding is still not available from Government level to provide services in Tauhara College, to ensure equity at both colleges Anamata continues to deliver health and youth development services at Tauhara. These have increased in the health space from two days to four days a week, with Anamata staff in the school five days a week providing other services. This has helped to support growing relationships within the school community and consistency with students.

Anamata has developed a digital health assessment tool that has been rolled out with year 10 students for the second year at Taupo Nui and for the first time at Tauhara College. This app provides the school nurse with real time information regarding risk and resiliency factors for students, therefore enhancing the young person's engagement with the nurse while remaining in a psycho-social youth development framework.



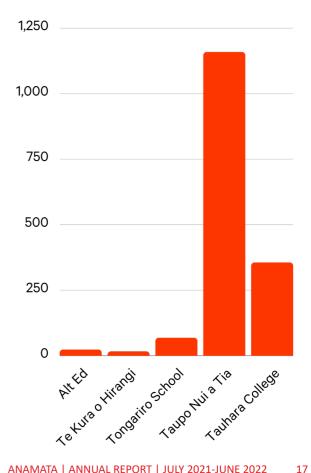
Tauhara rainbow group poster

TŪRANGI SCHOOL CLINIC

Anamata continues to offer school based health services to students Yr 9-13 in both Tongariro Area School and Te Kura o Hirangi.

Unfortunately COVID has had a significant impact on the community of Tūrangi. The direct outcome of this is that we are seeing poor attendance for students at both schools. This has been a focus with community social services who work in schools to help in any way possible, in collaboration with the schools. Anamata continues to work collaboratively in this space to ensure great outcomes for these students. The importance to work with the schools and support them is the main priority, which at times is a challenge to reflect in current reporting requirements.

Anamata is fortunate to have had our nurse, Andrea Muir, build great relationships with the community and continue to consistently provide ways to increase health care access for young people.

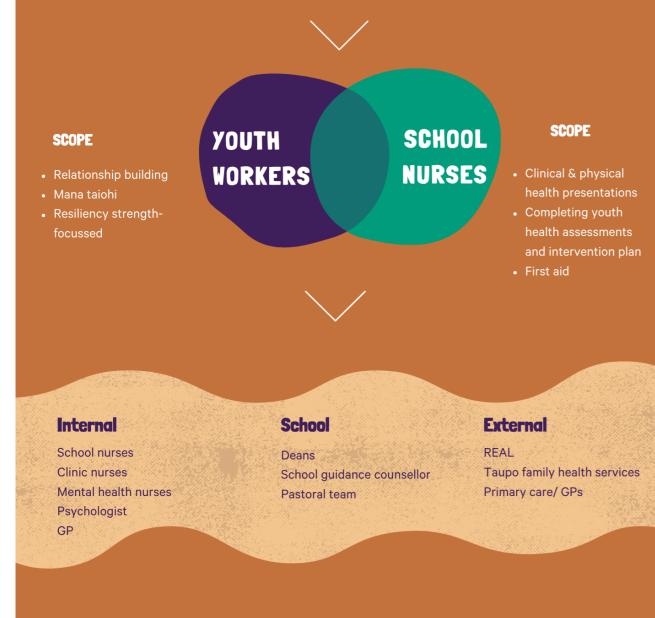


Number of school nurse visits 1 July 2021 - 30 June 2022

YOUTH DEVELOPMENT APPROACH TO SCHOOL BASED HEALTH SERVICES

Inward Referrals

Self referral Deans Teachers School guidance counsellor Learning support



YOUTH DEVELOPMENT



As I reflect on the previous 2021/2022 year I'm excited about the progress and spaces the youth development team at Anamata have moved into. It has been such a pleasure to support and lead the growth in this space.

Anamata's youth development team, consists of 4 youth workers, 2 mental health practitioners and 1 psychologist who work closely together along with clinic and school nurses, to provide wrap-around, strengths based support for young people. Since our last annual report the youth development team has grown significantly with welcoming two new rangatahi youth workers and one mental health practitioner to the Anamata whānau, Tilly Marsh, Tunisia Davis and Jill Robinson.

In the second half of 2021 we implemented Anamata's youth drop ins, in our new youth space at 152 Spa road. This began on Thursday's after school for any young person to come have kai, engage with youth workers and build connections with peers. This has continued to grow in 2022 with the employment of more youth workers allowing us to run drop ins Monday, Thursday and Friday.

Embedding youth workers into schools has been an exciting achievement over the past 12 months, with youth workers in Taupō Nui A Tia, Hilltop Primary and Mountview Primary. Youth workers in these spaces are a part of Anamata's step model of care, providing support and one on one mentoring for rangatahi wellbeing. Youth workers work closely with school nurses and the mental health team to ensure young people get the appropriate support.

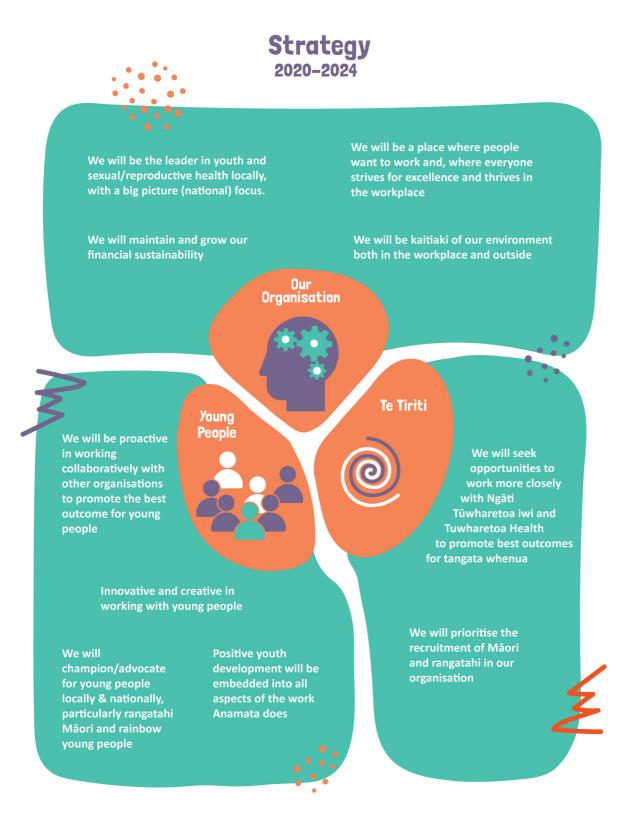
Increased funding from Te Whatu Ora Lakes has allowed us to continue growth in the rainbow space where we now provide one on one mentoring for rainbow young people as well as continuing to support seven rainbow groups throughout the Taupō Tūrangi region. A highlight this year was multiple schools participating in national schools pride week, celebrating and advocating for rainbow young people. This funding has also allowed us to develop a binder library, binders are a gender affirming piece of clothing that creates a flattened chest. This library ensures young people can find the correct size and bind in a safe manner.

Looking ahead into 2023 I am excited to consolidate the growth the team has had, embed youth workers into Tauhara College. We will continue to work creatively when engaging young people without barriers and giving rangatahi opportunities and voice to influence Anamata's services and amplify their voices in the community.

Zoe Findlay



Young people involved in the Term 1 Holiday Programme



HEALTH PROMOTION

In 2022 we have reimagined how we deliver and support health promotion within the Taupō community to ensure sustainability, equity, and diversity are at the forefront when leading out this mahi. While health promotion is delivered through all parts of Anamata our youth workers are incorporating this into their roles. Anamata focuses on three key focuses when providing health promotion.

Building healthy public policy: The past 12 months have seen Amamata continuing to focus on creating safe, inclusive rainbow spaces for young people in schools and community. This year Anamata supported Taupō nui a Tia, Tauhara and Reporoa Colleges to participate in national schools pride week, increased the number of drop ins specific to rainbow young people, supported the community with rainbow workshops and worked with schools to create inclusive school cultures and policies.

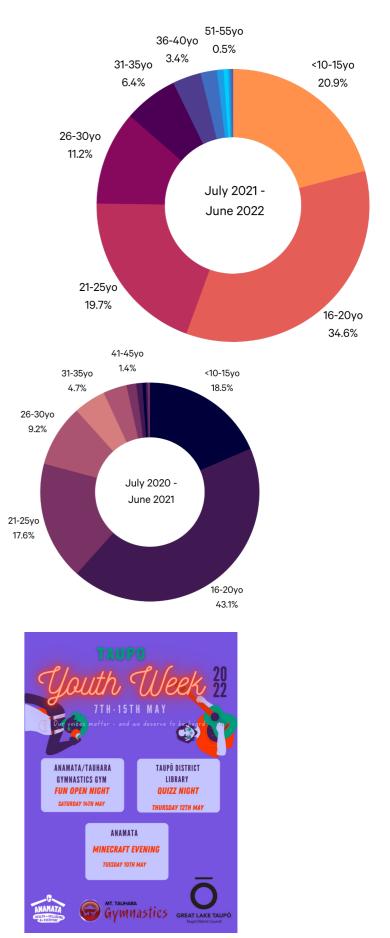
Creating supportive environments: Creating spaces where young people and their whānau feel safe to use and access sexual health and wellbeing services. We pride ourselves on creating these spaces for the Taupō community through our clinic on Spa Road, nurse's clinic in Taupō and Tūrangi, Awhi House and Tuwharetoa Health, ensuring we are always in spaces that meet people's needs and have the services, skills and clinically sound services the community needs. Our rangatahi youth workers, Tilly and Tunisia have spent time in the past 12 months decorating our spaces, keeping them youth-centric and welcoming.

Develop personal skills: With health promotion sitting with the youth work team, all four hold specific focus areas that they will support health teachers in to deliver appropriate, updated and inclusive sexual and reproductive health curriculum. This has taken a back seat in the second part of the annual report period, with covid restrictions, staffing changes and training.

We are excited to be supporting schools in the curriculum area for term 4 and ready to hit the ground running in 2023.

www.anamata.org.nz

Age group of clients by appointment



Youth Week events poster

MENTAL HEALTH

Our mental health service is made up of three mental health clinicians who have seen a total 139 individual young people, conducted 474 1 on 1 sessions, 4 group sessions and 37 whānau/family sessions in the 12 months of implementing this contract.

Underpinning our mental health service model which is distinct from traditional mental health services is that we are informed by a youth health and youth development approach. This means we work from a strength-based perspective rather than a deficit, illhealth perspective. We have a clear view that developing mental health literacy is a developmental task of adolescences which means we engage in the skills and competency the young person presents with and use this as the platform to springboard into addressing risk and distress. We have intentionally addressed barriers to access by the use of Gillick's competency as a way to ensure young people have ease of access to our service. And uniquely the infrastructure and team culture of Anamata provides a highly collaborative wrap-around service which includes youth-workers for mentoring and peer support, school-based nurses for in the moment therapeutic support, mental health practitioners for 1 on 1 and group sessions. We focus on forming developmentally appropriate relationships and work with where the young person is at and their presenting needs, the model at its heart is youthcentric as opposed to service centric, allowing for the engagement period for the young person to be determined by the young person.

An exciting development in our mental health space has been acquiring funding Te Whata Ora lakes and the Ministry of Health to employ a 0.4FTE psychologist. In May 2022 we welcomed Riona Baldwin into this position. This has been a great asset into the Anamata team and allows us to continue growing our step model of care and wraparound services.

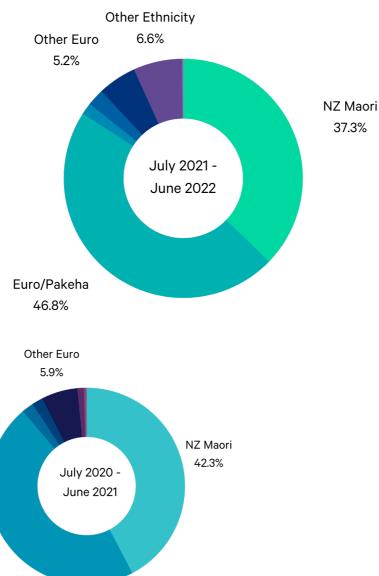
> Euro/Pakeha 46.5%

If you'd like to find out more email wellbeing@anamata.org.nz



Anamata and Youthtown youth workers with rangatahi outside the youth space

Ethnicity of clients by appointment



Inward Referrals

External

Self / whanau referral School Other provider

Mental Health Services

face to face OR

Clinical

GPs Mental Health Nurses School nurses Psychologist

Integrated model of care

REFER TO US

wellbeing@anamata.org.nz **0800 ANAMATA**



Internal

School & clinic nurses Youth workers GPs



virtual

Youthworkers

Mentoring **Resiliency groups** Other groups -eg Diversity & GLOW

Outward Referrals

ICAMHs Oranga Tamariki

LOOKING FORWARD

Building on the success of previous years we will continue to focus on the three pillars of our 2020-2024 strategic plan.

We will ensure our organisation is the leader in sexual/reproductive health locally, is an organisation that invests in the development of its staff and that we are an organisation that people want to work for.

Young people will continue to be at the centre of all that we do and the decisions we make. We will advocate for young people locally and nationally and will be innovative in the way we engage and work with local rangatahi.

We will continue to deepen our understanding of our role as Te Tiriti o Waitangi partners and ensure that our services meet the needs of tangata whenua.

Governance

In the coming year we will continue to actively seek youth paricipation and to fill any gaps in terms of skills on the board as well as continuing to invest in trustees through board training. We are lookng forward to providing governence for the Anamata team in 2022/2023

Organisation

Over the last few years Anamata has seen a significant amount of growth and expansion in our service delivery, as such, over the next year we are looking to consolidate our processes and systems to support that growth. We are also looking to impliment a new way of collecting data so our reporting can more accurately reflect the services we are deliverying and also to help in future contract applications. We are greatly looking forward to the energy and leadership that Ross will bring to the team and are feeling excited about the future for Anamata.

Clinical

We are looking forward to more of our nurses being able to complete the community nurse prescribing training which enables our nursing team to have the ability to address broader health needs and widens the clinical teams scope of practice to meet clients' needs. We are also looking forward to strengthening our relationships with the schools to continue to ensure the best outcomes for our rangatahi.

Youth Development

The youth development team will consolidate the growth over the past 12 months and are excited to continue to embed youth workers into more schools through the Taupō region, we will continue to develop holiday programs and streamline our mental health and wellbeing services.





Girls group holiday programme where over 6 Sessions they did gratitude journaling, affirmations, baking and cooking, healthy friendships, climed Mt Tauhara, meditation and mental health and a fun day of bowling at Drop Zone to finish.

ACKNOWLEDGEMENTS

Thank you to everyone who supported our mahi Between July 2021 and June 2022

Te Whatu Ora Health New Zealand

Lakes



MANATU HAUORA















Unichem®Taupo





Walking for Movement













Ehara taku toa i te toa takitahi, engari he toa takitahi

My success is not mine alone, it is the success of the collective

www.anamata.org.nz